

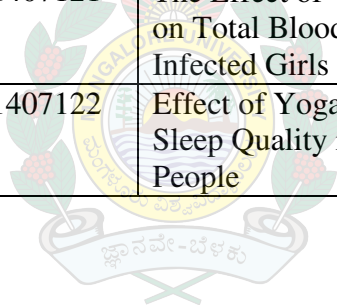


MANGALORE UNIVERSITY

DEPARTMENT OF HUMAN CONSCIOUSNESS & YOGIC SCIENCES

Sl. No.	Name of the student	Register number	Title of the project	Name of the Guide
1.	Mr. Abhishek P. Sanmani	201791407101	A Study on the Effect of Yoga Therapy on Occupation Stress in Karnataka State Reserve Police Personnel	Dr. Thirumaleshwara Prasada H.
2.	Mr. Aneesh	201791407102	Academic Anxiety among the students practicing Yoga and Non Yoga Control Group	Dr. Rashmitha
3.	Ms. Arpitha M.	201791407103	Comparison of the Respiratory Functions among the Yoga Practitioners and Healthy Control Group.	Mr. Vinayaka Krishna
4.	Ms. Chandana V.	201791407104	To Evaluate Sleep Awareness and Sleep Quality Among Secondary School Students.	Dr. K.Krishna Sharma
5.	Mr. Chinmay Vishwanatha Bhat	201791407105	A Study on the effect of Yoga on Stress in General Well – Being	Dr. K. Krishna Sharma
6.	Mr. Karthika B.	201791407107	Comparison of Spinal Flexibility among the Students practicing yoga and non yoga control group	Mr. Vinayaka Krishna
7.	Ms. Kavitha V.	201791407108	A Study on the Effect of Yoga Therapy on Stress and Test Anxiety Among Secondary School Students	Dr. Udayakumara K.
8.	Mr. Manjunath	201791407109	Impact of Yoga Therapy Practices on Hypertension among KSRP Police	Dr. K. Krishna Sharma
9.	Ms. Mathangee V.	201791407110	Comparison of Pulmonary Function among Yoga Practitioners Vs. Non – Yoga Healthy Controls	Mr. Vinayaka Krishna
10.	Ms. Meghashree	201791407111	Effect of Advanced Pranayama on Lung Function of Yoga Practitioners	Dr. Rashmitha
11.	Mr. Pravin Keshav Karkera	201791407112	The Effect of Yoga on Total Blood Count of HIV Infected Boys	Dr. Udayakumara K.
12.	Mr. Sachin Monthero M.	201791407113	Assessment of Yoga as an Adjunct Therapy on Anxiety Level among Alcoholic Withdrawal Patients.	Dr. Thirumaleshwara Prasada H.
13.	Ms. Shilpa Saraswathi	201791407114	Effect of Yoga Therapy on Quality of Life related to Menstrual Problem	Dr. Udayakumara K.

14.	Ms. Shruthi K.	201791407115	Effect of Yoga Therapy on Premenstrual Syndrome Among Post Graduate Girls	Dr. Thirumaleshwara Prasada H.
15.	Mrs. Shweta Kulkarni	201791407116	A Study on the Effect of Yoga Therapy on Sleep Quality in Menopause	Dr. Thirumaleshwara Prasada H.
16.	Mr. Sujith S.C	201791407117	Comparison of Spinal Flexibility among the Post Graduation students by Practicing Yoga and Non – Yoga Control Group	Dr. Udayakumara K.
17.	Mrs. Sunitha B.S	201791407118	Effect of Yoga Practice on psycho – physiological aspects of students as per curriculum of various academic degree programs: A Comparative Observational Study	Dr. K. Krishna Sharma
18.	Mrs. Thanuja	201791407119	Effect of Yoga on Liver Function in De Addictive Patients	Dr. K. Krishna Sharma
19.	Mr. Vijeth P.	201791407120	Insomnia Among the Post – Graduation Students Practicing Yoga and Non Yoga Control Group	Dr. Rashmitha
20.	Mr. Yakshith J. Shetty	201791407121	The Effect of Yoga Therapy on Total Blood Count of HIV Infected Girls	Mr. Vinayaka Krishna
21.	Mr. Yatheesha S.	201791407122	Effect of Yoga Intervention on Sleep Quality in general People	Dr. Rashmitha



Chairperson
Professor and Chairman
Department of Human Consciousness
& Yogic Sciences
Mangalore University
Mangalagangothri 574 199